






September-19

Sumter School District Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1% White Milk and Assorted Flavored Non Fat &amp; Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$ for breakfast and \$ for lunch.</p> <p>Adult Breakfast - \$ Adult Lunch - \$</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p>		 <p><b>FREE Breakfast and Lunch Meals for All Students !</b></p>		
<p>2</p> <p><b>Labor Day Holiday</b></p>  <p><b>No School</b></p>	<p>3</p> <p>Chicken Alfredo Warm Breadstick or BBQ Pork Riblet on Bun Steamed Broccoli or Wango Mango V-Juice Pineapple Tidbits or Chilled Sliced Peaches</p>	<p>4</p> <p>Grilled Chicken on Bun or Crispy Fish Sandwich w/ Tartar Sauce Baked Beans Romaine Lettuce/ Tomato/ Pickle Fresh Melon Cup or 100% Grape Juice</p>	<p>5</p> <p>Rotini Casserole w/ Italian Meat Sauce Garlic Texas Toast or Yogurt Boxed Lunch Seasoned Green Beans or Crisp Tossed Salad w/ Dressing Blue Raspberry Applesauce or Fresh Orange Slices</p>	<p>6</p> <p>Pepperoni Pizza Slice or Ham and Turkey Flatbread Sandwich Steamed Corn Romaine Lettuce/ Spinach/ Sliced Tomato Sliced Pears or Ridgefield 100% Frozen Fruit Cup</p>
<p>9</p> <p>Crispy Fish Nuggets w/ Tartar Sauce Seasoned Yellow Rice Old-Fashioned Cornbread or Toasted Club Sandwich Southern Stewed Tomatoes or Romaine Lettuce/ Tomato Pineapple Tidbits or 100% Fruit Punch Juice</p>	<p>10</p> <p>Brookwood Barbecue Pork w/ Steamed Rice Seasoned Pinto Beans or Munchable Lunch ( Turkey and Cheese) Mandarin Oranges or Strawberry Blushing Pears</p>	<p>11</p> <p>Beef Ravioli w/ Warm Breadstick or Yogurt Boxed Lunch Steamed Broccoli or Cucumber and Tomato Cup w/ Ranch Sliced Peaches or Fresh Melon Cup</p>	<p>12</p> <p>Spaghetti w/ Italian Meat Sauce Garlic Texas Toast Vegetable Medley or Munchable Lunch ( Ham and Cheese) Banana or 100% Grape Juice</p>	<p>13</p> <p> <b>Gameday Beef Nachos or Pepperoni Pizza Slice "Touchdown" Corn Romaine Lettuce/ Diced Tomato Fresh Orange Slices or Blue Raspberry "Victory" Sorbet</b></p> <p> <b>Gameday Tailgate Lunch</b> </p>
<p>16</p> <p>Chicken Filet Sandwich or Hotdog Crispy French Fries Baked Beans Pineapple and Cherries or 100% Fruit Punch Juice</p>	<p>17</p> <p>Beef Taco or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Strawberry Fruit Cup or Fresh Orange Slices</p>	<p>18</p> <p>Hamburger or Yogurt Boxed Lunch Wango Mango V-Juice or Romaine Lettuce/ Tomato/ Pickle Baked Cinnamon Apples or Blushing Pears</p>	<p>19</p> <p>Turkey Tetrizzini Casserole or Ham and Cheese on Bun Seasoned Green Beans or Glazed Sliced Carrots Fruit Cocktail or 100% Blue Razz Juice Schoolmade Cinnamon Roll</p>	<p>20</p> <p>Pepperoni Pizza Slice or Chicken and Cheese Quesadilla Romaine Lettuce/ Diced Tomato Steamed Corn Fresh Orange Slices or Ridgefield 100% Frozen Fruit Cup</p>
<p>23</p> <p>Corndog or Grilled Chicken Sandwich Baked Beans or Romaine Lettuce/ Sliced Tomato Pineapple Tidbits or 100% Fruit Punch Juice</p>	<p>24</p> <p>Teriyaki Chicken Fried Rice Seasoned Green Beans or Munchable Lunch ( Turkey and Cheese) Sliced Peaches or Fresh Apple Wedges</p>	<p>25</p> <p>Deli Turkey and Cheese on Bun Cherry Star V-Juice Goldfish Cheddar Crackers IW Fresh Apple Slices</p> <p><b>Grab n' Go Meal Early Dismissal</b></p>	<p>26</p> <p><b>BRUNCE</b></p> <p>Chicken and Waffles or Yogurt Boxed Lunch Crispy Potato Rounds Cherry Star-V Juice Baked Cinnamon Apples or Strawberry Fruit Cup</p> <p><b>BRUNCE</b></p> <p><b>"Brunch for Lunch"</b></p>	<p>27</p> <p>Pepperoni Pizza or Ham and Turkey Flatbread Romaine Lettuce/ Spinach/ Sliced Tomato Steamed Broccoli Fruit Cocktail or Ridgefield Frozen Fruit Cup</p>
<p>30</p> <p>Chicken Filet Sandwich or Club Sandwich Crunchy Baby Carrots w/ Ranch or Steamed Broccoli Fresh Apple Slices or Pineapple and Cherries</p>				

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