



September-19

Sumter School District Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1% White Milk and Assorted Flavored Non Fat &amp; Skim Milk Served daily at Breakfast and Lunch</b>  <b>Breakfast and Lunch is free for all students</b></p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$ for breakfast and \$ for lunch.</p> <p>Adult Breakfast - \$                      Adult Lunch - \$</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p>		 <p><b>FREE Breakfast and Lunch Meals for All Students !</b></p>		
<p>2</p> <p><b>Labor Day Holiday</b></p>  <p><b>No School</b></p>	<p>3</p> <p>Strawberry Poptart w/ Mozzarella Cheese Stick or Froot Loop Cereal                      Graham Crackers                      Chilled Applesauce or 100% Grape Juice</p>	<p>4</p> <p>Breakfast Pizza or Apple Jacks Cereal or Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	<p>5</p> <p>Waffle and Chicken Patty or Cocoa Puffs Cereal                      Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	<p>6</p> <p>Strawberry Yogurt w/ Banana Muffin or Frosted Flakes                      Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>
<p>9</p> <p>Strawberry Poptart w/ Mozzarella Cheese Stick or Froot Loop Cereal                      Graham Crackers                      Chilled Applesauce or 100% Grape Juice</p>	<p>10</p> <p>Sausage Biscuit or Cinnamon Toast Cereal                      Graham Crackers                      Fresh Apple Wedges or 100% Orange Juice</p>	<p>11</p> <p>Breakfast Pizza or Apple Jacks Cereal or Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	<p>12</p> <p>Pancake and Sausage on a Stick or Cocoa Puffs Cereal                      Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	<p>13</p> <p>Creamy Southern Grits                      Fluffy Scrambled Eggs or Frosted Flakes                      Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>
<p>16</p> <p>Warm Cinnamon Roll or Froot Loop Cereal                      Graham Crackers                      Chilled Applesauce or 100% Grape Juice</p>	<p>17</p> <p>Mini Confetti Pancakes or Yogurt Parfait                      Cinnamon Toast Cereal                      Graham Crackers                      Fresh Apple Wedges or 100% Orange Juice</p>	<p>18</p> <p>Breakfast Pizza or Apple Jacks Cereal or Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	<p>19</p> <p>Fluffy Pancake Sausage Patty                      Hashbrown or Cocoa Puffs Cereal                      Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	<p>20</p> <p>Strawberry Yogurt w/ Warm Banana Muffin or Frosted Flakes                      Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>
<p>23</p> <p>Apple Frudel or Froot Loop Cereal                      Graham Crackers                      Chilled Applesauce or 100% Grape Juice</p>	<p>24</p> <p>Chicken Biscuit or Cinnamon Toast Cereal                      Graham Crackers                      Fresh Apple Wedges or 100% Orange Juice</p>	<p>25</p> <p>Breakfast Pizza or Apple Jacks Cereal or Graham Crackers                      Pineapple Tidbits or 100% Apple Juice</p>	<p>26</p> <p>Breakfast Grilled Cheese Sandwich or Cocoa Puffs Cereal                      Graham Crackers                      Fresh Orange Wedges or 100% Grape Juice</p>	<p>27</p> <p>Mini French Toast or Frosted Flakes                      Graham Crackers                      Sliced Peaches or 100% Apple Juice</p>
<p>30</p> <p>Strawberry Poptart w/ Mozzarella Cheese or Froot Loop Cereal                      Graham Crackers                      Chilled Applesauce or 100% Grape Juice</p>				

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