

January-19

Sumter School District Elementary Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk
Served daily at Breakfast and Lunch
Breakfast and Lunch is free for all students

Students wishing to get a second meal will have to pay the ala carte price
of \$2.50 for breakfast and \$4.00 for lunch.

Adult Breakfast -\$2.50

Adult Lunch- \$4.00

Reminder - Menu Subject to Change Due to Food Availability



No School



No School

3 Strawberry Poptart w/
Mozzarella Cheese Stick or
Froot Loop Cereal
WG Graham Crackers
Chilled Applesauce or
Sliced Pears

4 Pancake on a Stick or
Frosted Flakes
WG Graham Crackers
Sliced Peaches or
100% Apple Juice

7 Mini Cinnamon Roll or
Froot Loop Cereal
WG Graham Crackers
Chilled Applesauce or
100% Orange Juice

8 Ham and Cheese w/
WG Biscuit or
Cinnamon Toast Cereal
WG Graham Crackers
Fresh Apple Wedges or
100% Orange-Pineapple Juice

9 Breakfast Pizza or
Apple Jacks Cereal or
WG Graham Crackers
Pineapple Tidbits or
100% Apple Juice

10 Waffle w/
Sausage Patty or
Trix Cereal
WG Graham Crackers
Fresh Orange Wedges or
100% Grape Juice

11 Grits w/ WW Toast
Scrambled Eggs or
Frosted Flakes
WG Graham Crackers
Sliced Peaches or
100% Apple Juice

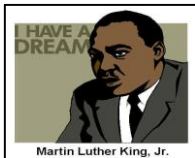
14 Apple Frudel or
Froot Loop Cereal
WG Graham Crackers
Chilled Applesauce or
100% Orange Juice

15 Chicken Patty w/
WG Biscuit or
Cinnamon Toast Cereal
WG Graham Crackers
Fresh Apple Wedges or
100% Orange-Pineapple Juice

16 Breakfast Pizza or
Apple Jacks Cereal or
WG Graham Crackers
WG Graham Crackers
Pineapple Tidbits or
100% Apple Juice

17 WG Pancake
Sausage Patty
Hashbrown or
Trix Cereal
WG Graham Crackers
Fresh Orange Wedges or
100% Grape Juice

18 WG Blueberry Muffin w/
Mozzarella Cheese Stick or
Frosted Flakes
WG Graham Crackers
Sliced Peaches or
100% Apple Juice



Martin Luther King, Jr.

MLK Holiday

22 Strawberry Poptart w/
Mozzarella Cheese Stick or
Froot Loop Cereal
WG Graham Crackers
Chilled Applesauce or
Sliced Pears

23 Breakfast Pizza or
Apple Jacks Cereal or
WG Graham Crackers
WG Graham Crackers
Pineapple Tidbits or
100% Apple Juice

24 Pancake on a Stick or
Trix Cereal
WG Graham Crackers
Fresh Orange Wedges or
100% Grape Juice

25 Strawberry Yoqurt w/
WG Blueberry Muffin or
Frosted Flakes
WG Graham Crackers
Sliced Peaches or
100% Apple Juice

28 Mini Strawberry Pancakes or
Froot Loop Cereal
WG Graham Crackers
Chilled Applesauce or
100% Orange Juice

29 Sausage w/
WG Biscuit or
Cinnamon Toast Cereal
WG Graham Crackers
Fresh Apple Wedges or
100% Orange-Pineapple Juice

30 Breakfast Pizza or
Apple Jacks Cereal or
WG Graham Crackers
WG Graham Crackers
Pineapple Tidbits or
100% Apple Juice

31 Cheese Toast or
Trix Cereal
WG Graham Crackers
Fresh Orange Wedges or
100% Grape Juice

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