

February-19





Monday

Tuesday

Wednesday

Thursday

Friday

<p>1% White Milk and Assorted Flavored Non Fat & Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$2.50 for breakfast and \$4.00 for lunch.</p> <p>Adult Breakfast -\$2.50 Adult Lunch- \$4.00</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p>		  <p>February is American Heart Month Eat Right to Maintain a Healthy Heart</p> 		
				1 Pepperoni Pizza Slice or Ham and Turkey Flatbread Green Beans or Tossed Salad w/ Dressing Pineapple Tidbits w/ Cherries or Ridgfield Frozen Fruit Cup
4 Chicken Tenders w/ Waffle or Yogurt Boxed Lunch Hashround Potatoes Fresh Baby Carrots w/ Ranch Baked Cinnamon Apples or 100% Orange Juice Breakfast for Lunch	5 Barbecue Pork w/ Steamed Rice Pinto Beans or Munchable Lunch (Club Sandwich) Sliced Pears or 100% Fruit Punch Juice	6 Nachos or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Blueberry Blushing Pears or Fresh Orange Slices	7 Baked Chicken Seasoned Brown Rice or Chef Salad w/ Dressing Green Peas or Glazed Carrots Mandarin Oranges or Apple Wedges	8 Pepperoni Pizza Slice or Toasted Club Sandwich Steamed Broccoli or Romaine Lettuce/ Sliced Tomato Chilled Applesauce or Strawberry Fruit Cup or
11 BBQ Chicken on Bun or Hamburger Crispy Oven Potatoes Baked Beans Pineapple and Cherries or 100% Fruit Punch Juice	12 Chicken Pileau Cornbread Blackeyed Peas or Munchable Lunch (Ham and Cheese) Fresh Orange Slices or Chilled Peaches	13 Chicken Alfredo WW Breadstick or Toasted Club Sandwich on WW Bun Steamed Broccoli or Romaine Lettuce/ Sliced Tomato Blushing Strawberry Pears or Mandarin Oranges	14 Spaghetti w/ Meat Sauce Garlic Toast Vegetable Medley or Munchable Lunch (Turkey and Cheese) Strawberry Fruited Gelatin w/ Topping or 100% Apple Juice Baked Treat  Happy Valentine's Day	15 Pepperoni Pizza Slice or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Chilled Peach Cup or Frozen Fruit Sorbet
18 Deli Turkey on Ciabatta Roll Mozzarella Cheese Stick Goldfish Crackers Wango Mango V-Juice Fresh Apple Wedges Half Day	19 Rotini Bake Baked Texas Toast or Yogurt Boxed Lunch Seasoned Green Beans or Glazed Carrots Blue Raspberry Applesauce or Chilled Pears	20 Grilled Cheese Sandwich or Ham and Cheese on Bun Mexican Chicken Tortilla Soup Tossed Salad w/ Dressing Fresh Orange Slices 100% Apple Juice	21 Barbecue Roasted Chicken or Baked Sliced Ham Macaroni and Cheese Collards or Sweet Potatoes Sliced Peaches or 100% Fruit Punch Juice Soul Food Feast	22 Pepperoni Pizza Slice or Chicken Salad on Wheat Bread Steamed Corn or Romaine Lettuce/ Tomato Wedge Mandarin Oranges or Ridgfield Frozen Fruit Cup
25 BBQ Pork on Bun or Grilled Chicken on Bun Crispy Crinkle Fries Baked Beans Pineapple and Cherries or 100% Fruit Punch Juice	26 Teriyaki Chicken Steamed Rice or Yogurt Boxed Lunch Steamed Broccoli or Fresh Baby Carrots w/ Ranch Mandarin Oranges or Strawberry Fruited Gelatin w/ Topping	27 Beef Taco or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Blueberry Blushing Pears or Fresh Orange Slices	28 Country Style Steak w/ Beef Gravy Whipped Potatoes Cornbread Green Peas or Munchable Lunch (Ham and Cheese) Chilled Peaches or 100% Apple Juice	