



August-19		Monday	Tuesday	Wednesday	Thursday	Friday	
		<p>1% White Milk and Assorted Flavored Non Fat & Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$ for breakfast and \$ for lunch.</p> <p>Adult Breakfast - \$ Adult Lunch - \$</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p>		 <p>FREE Breakfast and Lunch Meals for All Students !</p>			
		<p>Yogurt Boxed Lunch Contains: 4 oz Yogurt Mozzarella Cheese Crackers</p> <p>Students have a choice of selecting: 1/2 cup of Vegetable 1/2 cup of Fruit</p>		<p>Munchable Lunch Contains: Choice of Deli Sandwich Goldfish Crackers</p> <p>Students have a choice of selecting: 1/2 cup of Vegetable 1/2 cup of Fruit</p>			
19	20	21	22	23			
	<p>Corndog or Ham and Cheese Flatbread Sandwich Crispy French Fries Baked Beans Pineapple and Cherries or 100% Fruit Punch Juice</p>	<p>Beef Taco or Chicken Fajita Wrap Romaine Lettuce/ Diced Tomato Steamed Corn Fresh Honeydew Melon or Fresh Orange Smiles</p>	<p>Spaghetti w/ Italian Meat Sauce Garlic Texas Toast Steamed Broccoli or Yogurt Boxed Lunch Fresh Apple Wedges or 100% Grape Juice</p>	<p>Pepperoni Pizza Slice or Toasted Ciabatta Club Sandwich Seasoned Green Beans or Crisp Tossed Salad w/ Dressing Fresh Grapes or Cherry and Blue Raspberry Swirl Sorbet</p>			
26	27	28	29	30			
<p>Crispy Chicken Rings w/ BBQ Sauce Seasoned Fries Warm Breadstick or Yogurt Boxed Lunch Fresh Carrots and Celery w/ Ranch Pineapple Tidbits or 100% Fruit Punch Juice</p>	<p>Brookwood BBQ Pork Steamed Rice Seasoned Pinto Beans or Munchable Lunch (Turkey and Cheese) Sliced Pears or Chilled Mandarin Oranges</p>	<p>Hamburger or Yogurt Boxed Lunch Cherry Star V-Juice or Romaine Lettuce/ Tomato/ Pickle Baked Cinnamon Apples or Chilled Sliced Peaches</p>	<p>Country Style Steak w/ Beef Gravy Steamed Rice Old-Fashioned Cornbread Southern Style Collards or Grilled Chicken Entree Salad w/ Dressing Banana or 100% Grape Juice</p>	<p>Pepperoni Pizza Slice or Turkey and Cheese Flatbread Sandwich Seasoned Green Beans or Crunchy Baby Carrots w/ Ranch Strawberries and Fresh Grapes or Ridgefield Blue Raspberry Lemon Frozen Fruit Cup</p>			