

September-17

Sumter School District Elementary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1% White Milk and Assorted Flavored Non Fat & Skim Milk
Served daily at Breakfast and Lunch
Breakfast and Lunch is free for all students


Students wishing to get a second meal will have to pay the ala carte price
of \$2.25 for breakfast and \$3.75 for lunch.

Adult Breakfast -\$2.25

Adult Lunch- \$3.75

Reminder - Menu Subject to Change Due to Food Availability



				1 Pepperoni Pizza or Toasted Club Sandwich on WW Bun Romaine Lettuce/ Diced Tomato Steamed Corn Sliced Peaches or Frozen Fruit Cup
4 Labor Day Holiday  No School	5 Nachos w/ Chili and Cheese or Chicken Fajita Wrap Steamed Corn Romaine Lettuce/ Diced Tomato Strawberry Fruit Cup or Fresh Orange Wedges	6 Hamburger on WW Bun or Yogurt Boxed Lunch Vegetable Medley or Romaine Lettuce/ Tomato/ Pickle Cinnamon Apples or 100% Blue Razz Juice	7 Spaghetti w/ Meat Sauce Garlic Toast or Chef Salad w/ Crackers Steamed Broccoli or Wango Mango V-Juice Banana or Sliced Peaches	8 Pepperoni Pizza or Grilled Chicken on WW Bun Green Beans or Cucumber Coins and Cherry Tomatoes w/ FF Ranch Chilled Applesauce or Fruit Sherbet
11 Fish Nuggets w/ Tartar Sauce Steamed Rice WG Cornbread or Yogurt Boxed Lunch Steamed Tomatoes or Vegetable Normandy Pineapple Tidbits or 100% Fruit Punch Juice	12 Barbecue Pork w/ WG Steamed Rice or Chef Salad w/ Crackers Collards or Pinto Beans Sliced Pears or Mandarin Oranges	13 Beef Ravioli WW Breadstick or Yogurt Boxed Lunch Steamed Broccoli or Cherry Star V- Juice Sliced Peaches or Fresh Apple Wedges	14 Chicken Tetrzzini or Ham and Cheese on WW Bun Green Beans or Sliced Carrots Fruit Cocktail or 100% Apple Juice Schoolmade Cinnamon Roll	15 Pepperoni Pizza or Toasted Club Sandwich on WW Bun Garden Salad w/ FF Dressing or Steamed Corn Fresh Orange Wedges or Frozen Fruit Treat
18 WG Corndog or Yogurt Boxed Lunch Baked Beans or Fresh Celery Sticks w/ FF Ranch Chilled Pineapple Tidbits or 100% Fruit Punch Juice	19 Teriyaki Chicken Steamed Rice or Chef Salad w/ Crackers Green Beans or Vegetable Normandy Sliced Peaches or Fresh Apple Wedges	20 Rotini Bake WW Breadstick or Turkey and Cheese on WW Bun Steamed Broccoli or Romaine Lettuce/ Tomato/ Pickle Blue Raspberry Applesauce or 100% Grape Juice	21 Chicken Tenders w/ Waffles or Yogurt Boxed Lunch Potato Rounds Fresh Baby Carrots Strawberry Fruit Cup or 100% Orange Juice Breakfast for Lunch	22 Pepperoni Pizza or Chicken Salad w/ Thin Sliced Bread Romaine Lettuce and Tomato Slice Steamed Corn Frozen Fruit Treat or Fresh Grape Cup
25 Chicken Nuggets w/ BBQ Sauce Seasoned Brown Rice or Yogurt Boxed Lunch Steamed Broccoli or Fresh Baby Carrots w/ FF Ranch Mandarin Oranges or 100% Fruit Punch Juice	26 Shepherd's Pie Cornbread or Ham and Cheese on WW Bun Steamed Cabbage or Cucumber Coins and Cherry Tomatoes w/ FF Ranch Strawberry Fruited Gelatin w/ Topping or Sliced Peaches	27 Beef Taco or Chicken Fajita Wrap or Taco/ Fajita Toppings Steamed Corn Blushing Blueberry Pears or 100% Grape Juice	28 Oven Roasted Chicken or Seasoned Yellow Rice or Chef Salad w/ Crackers Pinto Beans or Sweet Potatoes or Pineapple Tidbits or Fresh Apple Wedges	29

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